12th November 2026
T4, Wk 6

THE LINK

ST ARNAUD PRIMARY SCHOOL
150 YEARS
1875-2025

School Calendar

Week 7
Mon 16th - Prep Trans
18/19/20 - Energy Breakthough
Thur 19th - Robotics Challenge

Week 8
Tues 24 & Wed 25th Year 7 Trans
Thurs 26th - Prep Trans

Week 9
Mon 30 Nov-4 Dec - Yr5/6 Canberra Camp
Wed 2nd - Prep Trans

Week 10
Mon 7th - Year 7 Trans
Tues 8th - Prep Trans/Step Up
Friday 11th - Children's Fete
Monday 14th - Year 6 Graduation
Tuesday 15th - EOY Concert
Wednesday 16th - Students last day, 3pm dismissal
Thursday 17th - Pupil Free Day
Friday 18th - Interviews by Appointment

MATHS







RESPECT RESILIENCE KINDNESS HONESTY ASPIRATION

Principal's Report

Prep 2027

Next Monday 16th, we will be welcoming the 2027 Prep class for their first Transition session from 8.45am-11.20am. Enrolled students will receive their school bag and Prep "Team STAPS" t-shirt in their house colours on this day. This is the beginning of the excitement of welcoming new students and families to our school and school community. Each new Prep student will be allocated a Buddy from this year's Year 4 and 5 applicants. The Buddy role is a very important role and we see the best from our older students as they support their Buddy in their transition to school life.

Year 6 students will expereince their secondary college transition on Tuesday 24th and Wednesday 25th November and Monday 7th and Tuesday 8th December. We wish them all the best for these days and hope they will represent themselves to the best of their ability.

Social Media in the Primary School Years

We would like to remind families of the importance of monitoring children's access to social media and being mindful of the age restrictions that apply.

In Australia, the minimum age for children to hold accounts on certain social media platforms is **16 years**. These restrictions are in place to help protect young people from potential online harms, including inappropriate content, cyberbullying, unwanted contact and the pressures associated with online interactions.

For primary school-aged children, the maturity required to navigate social media independently is still developing. Online interactions can have a significant impact on friendships, self-esteem and relationships at school, often creating unnecessary conflict and distraction that children are not yet equipped to manage.

We encourage parents to remain actively involved in their children's online experiences, establish clear boundaries around device and social media use, and have regular conversations about responsible online behaviour. Working together to delay access until children are developmentally ready, and in line with Australian age restrictions, is an important step in supporting their safety, wellbeing and positive relationships.

EBT - Robotics

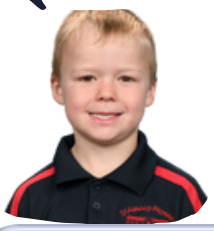
Next Thursday Mrs Wilson and the Robotics Team of Bridget, James, Alaric and Leeara will participate in the EBT Robotics Challenge in Maryborough. Last year was our first year participating and we are thrilled to be reprsented by this year's team. Students have been training hard each week to master the challenge requirements - we wish them all the best for their big day on Thursday.

EBT - Human Powered Vehicle

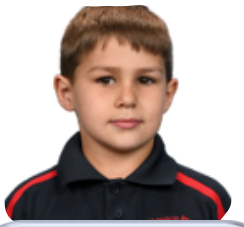
From next Wednesday to Friday Mrs Weir, Riley and myself will be in Maryborough supporting our HPV team - Ella, Torah, Maria, Lilyana, Georgie, Isobel, Chaise, Lucas and Chad. The team have been training for many months in the lead up to this event, and we wish to acknowledge and thank our sponsors for their generousity in supporting the team with their donations. Without this support we would be unable to participate, nor would we be able to upgrade equipment as required. If you have a chance to come over to Maryborough next Thursday 12-6pm or Friday from 6am-12noon and cheer on our team, it really is an amazing event to witness.

Melissa Mitchell
Principal

VALUE AWARD WINNERS



P/1E
Otis Dyke



P/1P
Isaiah B



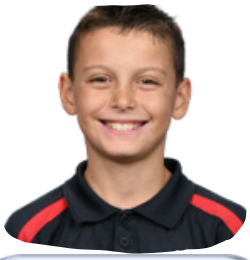
2C
Rafe Kinnane



2C
Alita Mitchell



3/4A
Sofia Ride



4/5W
Kayne Williams



5/6T
Bailey Gigg



Art
Imogen Keating



I.C.T.
Tyler Allen-Gallagher



Kindness
Rafe Kinnane



Bakery Bucks
Avery Perrin

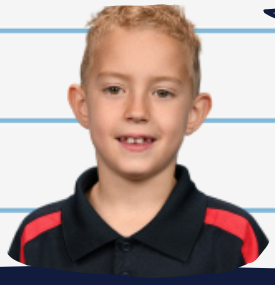


Kindness
Ivy Ezard

GOLD AWARD

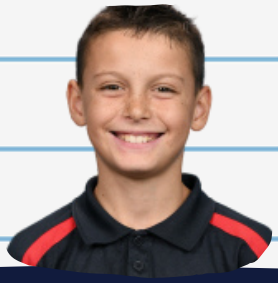


Gianna Sierra



Jimmi Donaldson

SILVER AWARD



Kayne Williams



S D



Arlo Wright



Alita Mitchell



Jazz Carreon

RUSTY'S HOME READING



Regular reading significantly enhances children's academic development by improving cognitive skills, boosting vocabulary, and fostering a love of learning. It supports academic success by strengthening comprehension, critical thinking, and problem-solving abilities.

50

75

100

150

Bertie Jesse

225

Marley T

225

World KINDNESS Day

13th November

Why is kindness good for you?

Have you ever done something kind and your mood instantly lifts?

Science shows that being kind can have a range of benefits for both the giver and receiver.

- Produces oxytocin which helps reduce stress, lowering our blood pressure while increasing our self esteem and optimism.
- Produces serotonin, this is a happy chemical that heals wounds, calms us down and makes us feel happy!
- Produces endorphins which are a natural painkiller.
- Reduces social anxiety and feelings of depression.

Kindness is contagious

The positive effects of kindness are experienced in the brain of everyone who witnessed the act, improving their mood and making them significantly more likely to "pay it forward". This means one good deed in a crowded area can create a domino effect!

Volunteering as an act of kindess

East Wimmera Health Service has a range of volunteering opportunities available for those over the age of 16. Roles include being a friendly visitor in our aged care, supporting PAG activities, delivering meals and much more!

If you'd like to learn more please email volunteer@ewhs.org.au or call 0467 746 606 for a friendly chat.

Health Promotion
EAST WIMMERA HEALTH SERVICE

MRS WEIR'S WELLBEING WONDERINGS

Words of Wisdom

Friday 13th November is World Kindness Day and I asked some students what does kindness look like at St Arnaud Primary School

It means asking someone to play if they are walking on their own. We could play on the ninja warrior course, the gaga pit or ride on the bike track.

Checking if someone is ok if they look sad.

You can be kind to someone even if they aren't your best friend.

It means listening when they are talking.

Being kind might be getting them an ice pack if they have hurt themselves.

Weekly Quote



Wellbeing Leaders



Zarleya Dunstan



Ella Wait



Maria Taylor



Mrs Weir



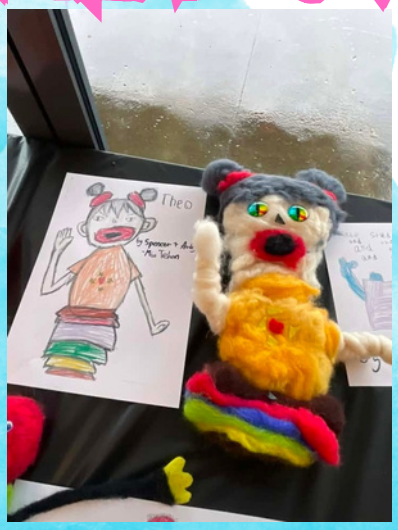
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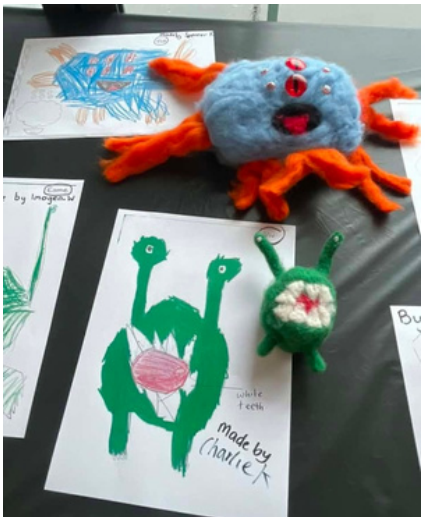


YR 8 CREATIONS













Child Safety and Wellbeing Information for the School Community

St Arnaud Primary School is committed to providing an environment where students are safe and feel safe.

Our child safety framework https://www.starnaudps.vic.edu.au explains how we support and maintain child safety and wellbeing. It includes our:
·Child Safety and Wellbeing Policy
·Child Safety Reporting and Responding Obligations Procedures, and
·Child Safety Code of Conduct, which outlines acceptable and unacceptable behaviours for all staff and volunteers at our school.

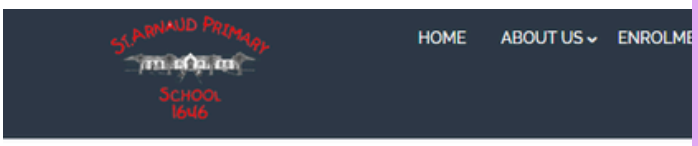
Our students and families are important partners in providing a child safe environment. These regular newsletter reminders are one of the ways we ensure our school community is aware of:
-our commitment to child safety, and
-how to provide feedback or raise child safety concerns.

If you have any concerns about child safety at any time, please contact Melissa Mitchell, Principal on 54951028. Any child safety complaints or concerns are treated seriously. For more information about our school's complaints process, see our Complaints Policy on the website or request a printed copy or emailed copy.

We also welcome your ideas on ways we can improve our approach to child safety and wellbeing. If you have any suggestions or comments please contact Melissa Mitchell, Principal on 54951028 or at st.arnaud.ps@education.vic.gov.au



ST ARNAUD PRIMARY SCHOOL WEBSITE



CHILD SAFETY STANDARDS

St Arnaud Primary School is committed to providing an environment where s
are committed to protecting children from harm.

Our comprehensive child safety framework outlines our school's strategies t
policies, codes and procedures:

Acceptable Use Agreement - Digital Technology
Bullying Prevention
Camps and Excursions Policy
Child Safe Code of Conduct
Child Safety Policy
Child Safety Responding and Reporting Obligations Policy and Procedures
Complaints Policy
Inclusion & Diversity
Mobile Phones Policy
Preventing and Addressing Racism in School
School Action Plan Aboriginal Learning, Wellbeing and Safety
Student Wellbeing & Engagement Policy
Statement of Values and School Philosophy
Volunteers Policy
Visitors Policy

ST ARNAUD PRIMARY SCHOOL IS A CHILD SAFE SCHOOL