

St Arnaud Primary School

THE LINK

Term 1 Week 2
3rd February 2022

Today's Learners: Tomorrow's Future

RESPECT RESILIENCE KINDNESS HONESTY ASPIRATION

Welcome!



Welcome back to all of our students and families. We extend a warm welcome to all our new students and their families who commence with St Arnaud Primary School this year—it is lovely to meet you all and welcome you to our school community.

Along with new students and families we welcome several new staff members:

- Mrs Knight, PE on Wednesdays
- Ms Vu, French on Fridays
- Ms Gosden in Year 4/5
- Ms Purkiss in Year 1/2
- Mrs Torney will be teaching Art, Green Team and Tutoring
- Alana Patton is providing Integration support in the P/1 and 1/2 class and supporting Mrs Weir with Student Wellbeing.

Anyone requiring uniforms from State School Relief can speak to Mrs Weir or Alana.

This newsletter has quite a few reminders, announcements and general information—please do not hesitate to contact the school if you have a further question or need clarification.

Speech Therapy

We are very excited to welcome Aleshia Petrie to our school in her role as Speech Therapist, Bendigo Speech Works.

This is a very new role at our school and we will be working through the best way to utilise this expertise to give the maximum amount of support to our students.

Week 2

Wednesday 2nd Feb

Students Commence
Swimming Program Commences

Week 3

Monday 7th

9am School Assembly
1.30-2pm Welcome Picnic
Lunch at STAPS
Friday 11th School Photos

Week 4

Tuesday 15th

6pm School Council
Thursday 17th
Swimming Sports

Week 5

Friday 25th

Student Leadership Ceremony @ Town Hall 2pm

Week 6

Thursday 3rd

Black Ranges Swimming @ Horsham

Week 8

Monday 14th

Labour Day Holiday

Week 8

Friday 18th

Black Ranges Summers Sports @ LNP

Week 11

Friday 8th April

End T1

RESPECT RESILIENCE KINDNESS HONESTY ASPIRATION

Principal's Report

11th Feb School Photos

School Photos will be taken next Friday 11th February. This year we are trialling packages from an alternate photographer, Creations Photography in Horsham, in order to secure the best value for money for parents and families. Order forms/details will be sent home as soon as they arrive.

School Times

A reminder to parents that children are not to be at school before **8.40am**. Teachers have before school meetings and are not available to supervise students. Due to the technology located in each classroom, early students may arrive to find the room locked. Official supervision time commences at 8.40am, 10 minutes prior to the first session at 8.55am (signalled by the music). The breakfast room is open each day for students to visit, and serving stops at 8.55am.

If you wish to speak to your child's teacher the best idea is to make a time that suits as the mornings can be a very busy time.

If your child is going to be absent or late please contact the school as early as possible—this will save the school having to contact you to confirm your child's wellbeing. Your cooperation with this is greatly appreciated.

Absences can be advised via email to the teacher and the school, st.arnaud.ps@education.vic.gov.au.

Fruit Snack & Water Bottles

A reminder that all students are strongly encouraged to bring along a daily fruit snack, which is eaten at 10am each day. They should bring a piece of fresh fruit or vegetable, eaten easily by the child. Students should also bring their own water bottle to class, which they are encouraged to have on their desk. This should contain only water. Cordial, soft drink, milk etc are not permitted.

Bus Travellers

A reminder that students travelling by bus need a note from parents when a change of arrangement is made. Please do not rely on students to pass on messages about a change to their travel. Parents are welcome to ring the office prior to 2.45pm each day, to make a change to afternoon travel.

All parents are asked to advise and update the office of their child's travel routines for 2022. Your cooperation with this matter ensures the smooth and timely dismissal of bus travellers each afternoon.

Year 6 T-shirts

The Year 6 students will have their special Year 6 t-shirts presented to them at the Student Leaders Ceremony on Friday 25th February at the Town Hall. Parents and special friends are welcome and encouraged to attend.

Lunch Orders—Yay, they are back!

We're thrilled to be able to once again offer lunch orders on a Thursday and Friday through Parkview Bakery. Here's a refresher on how to order your child's lunch.

1. Look over the attached Parkview Bakery lunch order menu and select what you wish to order.
2. On a brown paper bag* write your order, clearly stating your child's **name, class and food items**.
3. Enclose the correct money and remind your child to hand this to their teacher during roll call in the morning.

Our lunch orders are then collected from the school by McCallum Disability Services as part of their Community Connections program. McCallum will bring the fulfilled orders back to class prior to lunchtime beginning. It is important that orders are written on a brown paper bag as that will be used to pack the food items into. Brown paper bags can be purchased from the supermarket in the aisle next to the Gladwrap.

Principal's Report

Mobile Phone Policy

The state government has banned these devices in all government schools. Students who bring a device to school are asked to hand it in to the General Office upon arrival for the day and collect it at the end of the day. This includes all phones, iPods, iPads, smart watches etc. If your child is bringing a device to school, parents are asked to notify the office or the classroom teacher so that these can be stored in a locked cabinet in the General Office for safe keeping, in line with Government policy. The school takes no responsibility for valuables brought to school.

Welcome Picnic

Our Annual Welcome Picnic is set for Monday 7th Feb and will be held on the lovely green front lawns of the Primary School. All parents, grandparents and special friends are welcome to join us for a BYO picnic lunch from 1.30-2pm. This is a really nice way to meet new families and welcome them into the school community as well as catch up with old friends, staff and everyone else. We hope that you can join us.

Safe Travel to school

Students riding, or scooting to school are reminded that they need a **well fitted helmet**, and that all students must use the supervised School Crossing if they need to cross Charlton Rd. Students have been seen crossing at the staff carpark and closer to Powell St. Parents are asked to ensure their children know where to safely cross the road.

Sun Smart School hats

The school has recently received a donation from the St Arnaud Football Club for student hats. The amount given will allow 40 students to receive a reversible bucket hat. We are very grateful to the Footy Club for their kind gesture and generous donation. We have lots of very happy students looking smart in their new hats!

Further to the new hats being issued students have been reminded that these are not to be taken home. Every student has a hat hook or bag box to keep it safely in and as long as it is at school where it can easily be found, no one will have to sit in the shade. All new hats have been clearly named.

Collection of data

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the Schools' Privacy Policy. Please take time to remind yourself of our school's collection notice, found on our website. For more information about privacy, refer to: Schools' Privacy Policy — information for parents. This information is also available in nine community languages.

Ambulance Cover

Please note that in the event of an emergency, where it is deemed necessary an Ambulance **will be called for your child**— it is vital that parents ensure that they hold a current Ambulance membership. Health Care Card holders should check that Ambulance subscription is covered by their entitlements.

Head Lice

Head lice are active at this time of year. We request parents be mindful of this and to regularly check their child(rens) hair. If detected, parents should inform the relevant classroom teacher. We thank parents for keeping us informed and for everyone's continued cooperation in treating and reporting Head Lice. School policy outlines the requirement that children detected with live lice and eggs are to be sent home and treated. We encourage parents to keep head lice treatment on hand to allow for immediate treatment and for children to return to school and avoid unnecessary loss of class time.

Melissa Mitchell,
Principal

Term 1 Dates for your calendar

7th February

9am Whole School Assembly—outdoor area adjacent to basketball court.

1.30-2pm Welcome Picnic—on the front lawns

9th—Safer Internet Day

11th—School Photos

14th—Parent Teacher Interviews—Mon 14th and Wed 16th from 3.15-5pm

17th—Swimming Sports

25th—2-3pm School Leaders Ceremony (Town Hall or Secondary College covered basketball court)

1st March

2pm Visiting Performance

3rd—Black Ranges Zone Swimming Sports

14th—Labour Day Long Weekend—Public Holiday

16th March—Preps first Wednesday

18th—Summer Sports (T-ball, Cricket @ St Arnaud)
National Day of Action Against Bullying and Violence

8th April

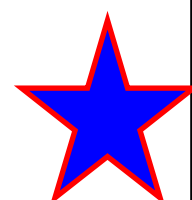
Easter Hat Parade

End of Term 1,



BIKE SAFETY REMINDER FOR PARENTS & CARERS

- Children under 13 years old will now be able to cycle on footpaths.
- A person 13 years and older can accompany a child under 13 years cycling on a footpath.
- Adults with a young child in a child seat attached to their bicycle, or with a child pedalling on a bike attachment at the back of an adult bicycle, can cycle on the footpath



RESPECT RESILIENCE KINDNESS HONESTY ASPIRATION

Important School Bus Information

- In the event that one of the school buses is late and you are concerned. Please contact the Secondary College on 54951811.



- Parents/Guardians must obey the road signs and NOT drop off students around the bus area! This is for the safety of everyone.



- Parents of bus travellers please be aware that under Education Department Guidelines students need to be at their designated bus stop **5 minutes** before the pickup time and parents should be at the bus stop 5 minutes before the drop off time.



It is not the responsibility of the bus driver to wait for the student either in the morning or afternoon.



- It is also requested that parents park their car on the same side as where the bus either picks up or drops off to reduce the risk of your child's safety crossing the road.

- Parents **need** to notify their child's school if they are **not** catching the bus home in the afternoon.
- Parents **need** to also contact the Secondary College on 54951811 if they wish their child to have friends catch the bus with them. This must be done at least **24 hours** before the date of travel.





Where can I get COVID-19 vaccinations in Northern Grampians Shire in 2022?

Stawell Regional Health

Walk up clinics only. Dates listed at www.facebook.com/StawellRegionalHealth or 5358 6550

Patrick Street Family Practice Stawell

5358 7555 www.psfamprac.com.au

St Arnaud Medical Centre

5495 1766

St Arnaud Pharmacy

5495 1911



Victorian Government Home Vaccination Service

1800 675 398. A free service for everyone (not third doses)

Call your preferred provider directly to make a booking. For more information call 1800 675 398 or visit coronavirus.vic.gov.au

Vaccination for children aged 5-11 is not yet available in NGS. This list applies to everyone over 12 and is subject to change.

Updated 12 Jan 2022

Hello!



BENDIGO SPEECH WORKS IS COMING TO ST. ARNAUD

As of February 2022, Bendigo Speech Works will be providing Speech Pathology services based in St. Arnaud, and will welcome those from surrounding areas.

We are now receiving referrals for new clients.

You can self refer a client via our website, by calling us on 03 5443 9912, or by emailing admin@bendigospitchworks.com.au

Aleshia Petrie will be available to work with children aged 0-18 years.

Aleshia has extensive experience working with children in the following areas:

- Language and Speech Delays
- Fluency
- Social Skills
- Children on the Autism Spectrum
- Literacy
- Children with Disabilities



BENDIGO SPEECH WORKS IS A REGISTERED NDIS PROVIDER

HEALTHY LUNCHBOX WEEK

6TH - 12TH FEBRUARY 2022



Eating healthy foods helps us go about our day with more ease and energy.

Whether you're back at kinder, school or work it's important we fuel our minds and bodies with a range of nutritious and delicious foods.

Here are some top tips for creating a fuelling lunchbox:

Choose a variety of foods from the 5 food groups - Grains, Fruit, Vegetables, Dairy, Meat & Legumes.

Include a bottle of water - freeze it the night before for a cool refreshing drink!

Avoid food packed with ingredients like salt, sugar and fat, as they harm our health.

Prepare what you can the night before so you can grab and go in the morning rush.



Do you need some recipe inspiration? Check out these websites!

[Healthy Lunchbox Week](#)

[Cook Well Eat Well](#)

[Healthy Eating Advisory Service](#)

Healthy Lunchbox Week is an initiative of Nutrition Australia that aims to inspire families to create healthy and enjoyable lunchboxes. Source: <https://www.healthylunchboxweek.org.au/>

No. 1, 2022

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COVID Vaccinations for 5-11yr olds in the Northern Grampians



Where can children aged 5-11 get the COVID-19 vaccine near Northern Grampians Shire?

Stawell

- Patrick St Family Practice 5358 7555
- Stawell Regional Health may offer occasional pop up clinics. All updates via facebook.com/StawellRegionalHealth

Ararat

- East Grampians Health Service Book via portal.cvms.vic.gov.au, 5352 9363, 1800 675 398.

Horsham

- Wimmera Health Care Group Book via portal.cvms.vic.gov.au, 1800 675 398
- Wimmera Vaccination Clinic (Lister House) 5382 0011 or hotdoc.com.au
- Tristar Medical Clinic Horsham 5382 3400
- Horsham Amcal Pharmacy 5382 1019

Wedderburn

- Wedderburn Health Clinic. Book via 5494 3511

Murtoa

- Murtoa Community Pharmacy. Book via 5385 2370 or www.medadvisor.com.au/Network/F84YR36B

Children with disability

- May be able to get vaccinated at home. Email DLOcoordinator@dhhs.vic.gov.au

For more information contact 1800 675 398 or visit coronavirus.vic.gov.au





Where can I get tested for COVID-19 in Northern Grampians Shire?

Stawell Regional Health Respiratory Clinic



facebook.com/StawellRegionalHealth or 5358 8630

- Drive through testing, no appointment needed. Testing locations change, view Facebook or call to confirm location

East Wimmera Health Service



5477 2102 or 5477 2100

52 North Western Road St Arnaud

- 2.30pm every day including weekend



Victorian Government Call-to-Test at home service



For people with disability or illness who can't get to testing sites.

1800 675 398, option 5 then option 5

Rapid Antigen Tests

May be available at Woolworths, IGA, chemists, service stations, independent shops

For more information call 1800 675 398. Information subject to change. Updated 18/1/22

Lunch Orders Price List 2022



MENU FOR LUNCH ORDERS 2022 FROM PARKVIEW BAKERY

Available Thursday and Friday each week

Steak Pie	\$ 4.80
Meat & Vegetable Pastie	\$ 4.80
Sausage Roll	\$ 3.50
Party Pie	\$ 1.60
Sauce Portions	.20
Pizza Small	\$ 4.30
Chilli Chicken Wrap	\$ 6.40
(Chicken schnitzel, lettuce, cheese, sweet chilli sauce)	
Ham or Chicken Salad Roll	\$ 5.90
(Meat, lettuce, cheese, tomato, beetroot, mayo)	
Ham & Cheese Sandwich	\$ 4.40
Ham & Cheese Roll	\$ 4.90
Egg & Lettuce Sandwich	\$ 4.00
Egg & Lettuce Roll	\$ 4.50
Chicken, Lettuce, Mayo Sandwich	\$ 4.40
Chicken, Lettuce, Mayo Roll	\$ 4.90
Water -Cool Ridge 600 ml	\$ 3.40
Pop Top Juice	\$ 2.40
Big M Long Life 250 ml	\$ 2.70
Big M 600ml	\$ 4.50
Hedgehog Slice	\$ 4.00
Lemon Slice	\$ 4.00
Muffin (Assorted Flavours)	\$ 4.50
Gingerbread Man	\$ 2.60
Jelly Slice	\$ 4.50
Apple Slice	\$ 4.00

*Orders to be written on a brown paper bag with the child's name and class clearly visible.

*Please include **correct** money. To be handed in to your classroom before 9.00am